



## U.S. Army South Soldier & Family Readiness Group Command Corner Newsletter

September 2020



Army South Team,

Hello again! CSM Walker and I are hopeful that this update finds everyone doing well and staying healthy! For those of you with children we recognize the big transition that has occurred over the last month has been the return to school. Whether your children are returning to in-person classes or opting for virtual forums, it is good to see our kids return to the books and focus on something that feels closer to normal. We all want to keep our children safe and if you remain uncertain about which option is best for your child, we'd suggest talking to their health care provider for additional information to assist with your decision.

COVID-19 trends in the greater San Antonio area have moved in a positive direction over the last 30 days and appear to have stabilized following the Labor Day weekend. Accordingly, the Joint Base San Antonio Commander, in close coordination with the medical community, plans to transition the installation to a less restrictive Health Protection Condition posture, and effective 25 September will move from HPCON-C to HPCON-B. This change will entail increased access to each installation and a safe reopening of select services at reduced capacity. Check the JBSA website at <https://www.jbsa.mil/coronavirus/> for the current status of facilities and services by installation. Army South will maintain our established mitigation procedures that have proven extremely effective at protecting our team over the past several months, though we will safely increase our presence in the headquarters.

We are excited to share with you that a new Army South website is up and running and is now accessible from personal devices without the use of a Common Access Card. Thanks to the Army South Communications and Public Affairs teams for this initiative to provide you with the most current and relevant information related to the command and the community. We welcome you to view the site at: <https://www.arsouth.army.mil/>

This more accessible site is just our first step - we will continue to modify and customize this site to best suit your information needs. Please share your thoughts and experiences with us so we can continue improving how we communicate with all of you.

We'd like to highlight one of the new apps you will find on the website - the new Digital Garrison app, available on the Apple App Store and on Google Play. Soldiers and Families will no longer have to go online to try to find MWR information; you simply download the DG app and set 'Texas: ASA-FSH' as your installation. MWR events are highlighted right on the front page of the selected installation, plus the app has a big blue button at the bottom for 'community,' which allows patrons to browse upcoming MWR events. Also, users have access to a list of recreation facilities, dining options and AAFES locations, hours and specials.

We offer our sincere gratitude for all that you do. Our Soldiers, Civilians and Contractors are the backbone and muscle of our organization, and our Families are the heart – together you all are the reason Army South is successful. CSM Walker and I remain honored to serve with you!

Defense and Fraternity!

MG Dan Walrath & CSM Trevor Walker

# **U.S. Army South Command Highlights -**

(All dates/times CST)

## **WEDNESDAY/THURSDAY, 23/24 SEPTEMBER**

- Hiring our Heroes presents: AMPLIFY, a 2 day career intensive (hosted virtually)  
Register here: <https://www.hiringourheroes.org/military-spouses/amplify-military-spouse-career-intensives/>

## **THURSDAY, 24 SEPTEMBER**

- Fort Sam Houston Quality of Life / Town Hall Meeting. Two log in options:
  - WebEx (<https://arnorth.webex.com/meet/ARNORTH.TOWNHALL>)  
Meeting number 199 448 2359
  - Telephonically (1-415-527-5035 Call-in toll-free number (US/Canada)  
Access code: 199 448 2359#

## **FRIDAY, 25 SEPTEMBER**

- Worldwide Day of Play! This special event is designed to encourage youth to turn off their electronics and be active and healthy. Join Youth Programs staff for an afternoon of fun and games! Kits can be picked up between Sept. 21-25. While supplies last. For more information, call (210) 652-3298.

## **MONDAY, 28 SEPTEMBER - FRIDAY, 2 OCTOBER**

- Absentee Voting Week: Contact unit Voting Assistance Office or Installation VAO at (210) 221-2705

## **WEDNESDAY, 30 SEPTEMBER (T)**

1300 - \*US Army South Town Hall\* - Major General Walrath invites inbound Soldiers to participate in the US Army South, Virtual Town Hall event via the U.S. Army South Facebook Live.

## **FRIDAY, 16 OCTOBER**

- 1100 - ARSOUTH SFRG steering committee meeting / pot luck luncheon; ARSOUTH location behind HQs / FSH Community Center (T)

## **TUESDAY, 3 NOVEMBER**

- Presidential Election, Voting Day (in person)

# Joint Base San Antonio (JBSA) Military and Family Readiness Resources

*NOTE: The U.S. Air Force commands the JBSA installations of Fort Sam Houston, Lackland Air Force Base and Randolph Air Force Base. The JBSA Headquarters and the 502d Force Support Squadron are the Air Force equivalent to a U.S. Army Garrison Headquarters. The Military and Family Readiness Center (MFRC) is the Air Force equivalent of what we know on Army Posts as Army Community Service (ACS). Here are links to a few of their helpful resources:\*\**

**Want to know what is going on? Visit these resources or text FORTSAM to 74574**

**JBSA MFRC calendar of events for September-November:**

<https://www.jbsatoday.com/events>

**JBSA Today Magazine September 2020:**

<https://www.jbsatoday.com/sites/default/files/2020-09/JBSAtodayMagazine-Sept2020.pdf>

**502nd Force Support Squadron (FSS) Website:**

<https://jbsatoday.com/>

**Army South Facebook:**

<https://www.facebook.com/ArmySouth>

**Army South Twitter:**

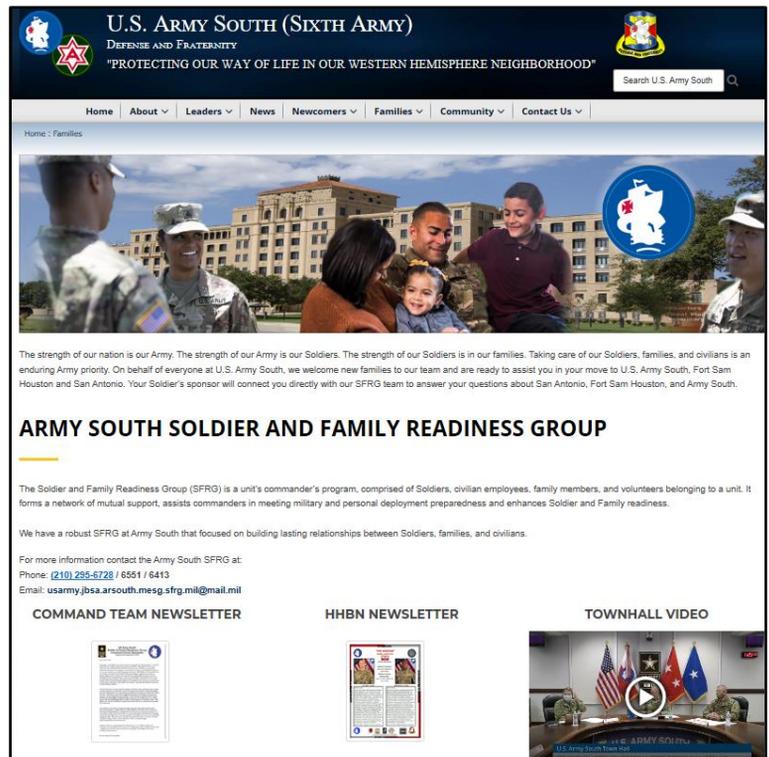
<https://twitter.com/ARMYSOUTH>

**Army South Website:**

<https://www.arsouth.army.mil>

**Digital Garrison App:**

Available on the Apple App and  
the Google Play Stores



**U.S. ARMY SOUTH (SIXTH ARMY)**  
DEFENSE AND FRATERNITY  
"PROTECTING OUR WAY OF LIFE IN OUR WESTERN HEMISPHERE NEIGHBORHOOD"

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Home: Families

The strength of our nation is our Army. The strength of our Army is our Soldiers. The strength of our Soldiers is in our families. Taking care of our Soldiers, families, and civilians is an enduring Army priority. On behalf of everyone at U.S. Army South, we welcome new families to our team and are ready to assist you in your move to U.S. Army South, Fort Sam Houston and San Antonio. Your Soldier's sponsor will connect you directly with our SFRG team to answer your questions about San Antonio, Fort Sam Houston, and Army South.

### ARMY SOUTH SOLDIER AND FAMILY READINESS GROUP

The Soldier and Family Readiness Group (SFRG) is a unit's commander's program, comprised of Soldiers, civilian employees, family members, and volunteers belonging to a unit. It forms a network of mutual support, assists commanders in meeting military and personal deployment preparedness and enhances Soldier and Family readiness.

We have a robust SFRG at Army South that focused on building lasting relationships between Soldiers, families, and civilians.

For more information contact the Army South SFRG at:  
Phone: (210) 295-6728 / 6551 / 6413  
Email: [usarmy.jbsa.arsouth.mesg.sfrg.mil@mail.mil](mailto:usarmy.jbsa.arsouth.mesg.sfrg.mil@mail.mil)

COMMAND TEAM NEWSLETTER | HHBN NEWSLETTER | TOWNHALL VIDEO

# Joint Base San Antonio – Fort Sam Houston (JBSA-FSH) Upcoming Events

Saturday, September 26, 2020



## Animal Family Trivia Lunch & Fun (Fort Sam)

Come on out to the JBSA-Fort Sam Houston Golf Course for some Animal Family Trivia lunch and fun Sept. 26 from 11 a.m. to 1 p.m. There will be food, a costume contest, prizes and surprise guests. Price is \$10 per person over the age of 3. Pre-registration and payment is required. Please call the FSH Golf Course at [\(210\) 222-9386](tel:210-222-9386) or [\(210\) 221-5863](tel:210-221-5863) to register by Sept. 21. Space is limited.

For more information, email [jbsacommunityevents@gmail.com](mailto:jbsacommunityevents@gmail.com).



## Spin-a-Thon (Fort Sam)

JBSA-Fort Sam Houston Jimmy Brought Fitness Center invites you to a FREE two hour non-stop SPIN-A-THON with motivating music! This event is open to all DoD ID cardholders 16 years and older. To ensure safety we will practice social distancing. For more information, please call [\(210\) 221-1234](tel:210-221-1234).



## Kayak & Paddleboard Lessons

The JBSA Canyon Lake Marina is offering kayak and paddleboard lessons Sept. 26 from 11 a.m. to 1 p.m.

The price is \$20 per person, open to all DoD ID cardholders. This is a intro to kayak and paddleboard course. This two hour course covers basic techniques and skills. We will go over gear setup, provide equipment overview and general safety.



## LEGO Fun! (Fort Sam)

For all those LEGO fanatics! You can't miss LEGO Fun at the Fort Sam Houston Community Center on Sept. 26 from 1-5 p.m. The cost of this event is \$10 per adult and \$5 per kid (ages 5 and older). Families can choose from one of several kits to build (kits are not to be taken home). There will be GIVEAWAYS! don't miss it! Food and drinks will be available for purchase. Please RSVP by Sept. 18. To RSVP or for more information, please call [\(210\) 808-6262](tel:210-808-6262) or [\(210\) 808-6263](tel:210-808-6263).



## Princess Tea Party

Come dressed as your favorite princess or prince! Elsa & Anna will be there Sept. 26 from 11 a.m. to 1 p.m. Reservations begin Sept. 15 for members and Sept. 22 for nonmembers. Last day to cancel is Sept. 25 with full refund. To make reservations, please call [\(210\) 658-7445](tel:210-658-7445) between 9 a.m. to noon or email [kathy.berger.1@us.af.mil](mailto:kathy.berger.1@us.af.mil).

Thursday, October 1, 2020



## Free Ski Package @ Canyon Lake

During October, when you rent a ski boat at the JBSA Recreation Park, the ski/ tube package will be included in the boat price. The price includes all required safety equipment such as life vests but does not include fuel. You can make the reservations through our [jbsamarinasuper@gmail.com](mailto:jbsamarinasuper@gmail.com) or call us at [\(830\) 964-3576](tel:830-964-3576) for more information.

# Joint Base San Antonio – Fort Sam Houston (JBSA-FSH) Upcoming Events

Friday, October 2, 2020



## Warrior Scramble (Fort Sam)

The cost for this scramble is \$25 for DoD ID cardholders and Fort Sam Houston Golf Club members. Price includes green fee, golf cart and prize money. For more information, call [\(210\) 222-9386](tel:210-222-9386).

Saturday, October 3, 2020



## Lakin' It Easy...

Enjoy a nice relaxing day at the lake Saturday October 3 from 1-6 p.m. This FREE event is open to all DoD ID card holders. Enjoy water sport activities, boat tours, food trucks, water slides and games, archery, prizes and more!

Sunday, October 4, 2020



## Nine is Just Fine (Fort Sam)

9 Hole Best Ball Challenge: Play as many nine hole rounds you want weekly on selected golf course and create a Best Ball score.

- Oct. 4-10 : Loma Front 9 Holes
- Oct. 11-17 : Loma Back 9 Holes
- Oct. 18 : Salado Front 9 Holes
- Oct. 25-31 : Salado Back 9 Holes

Track all rounds on the JBSA-Fort Sam Houston Golf Course app for live leaderboards and to determine a winner! This can be in combination of your 18 hole round. For more information, call [\(210\) 222-9386](tel:210-222-9386).

Monday, October 5, 2020



## Stair Climb Challenge (Fort Sam)

This challenge will be open to active-duty, reservist, national guard and first responders. Prizes awarded to the top male and female competitors with the most steps completed.

- Week 1: Oct. 5-9 Washington Monument (897 steps)
- Week 2: Oct. 12-16 Tower of the Americas (952 steps)
- Week 3: Oct. 19-23 Empire State Building (1576 steps)
- Week 4: Oct. 26-30 Willis Tower (2109 steps)

For more information, call [\(210\) 808-5709](tel:210-808-5709) or [\(210\) 808-5713](tel:210-808-5713).

Tuesday, October 6, 2020



## Bowling Behind-The-Scenes (Randolph)

Get a glimpse behind the scenes as our staff shows you the inner-workings of the lanes. Participants will see how things work from the pinsetters (machines that set up the pins) all way to where you stand at the ball return. They will even give you some insight into how the balls are designed so that they roll different ways! This is a free small group activity, so please call [\(210\) 652-6271](tel:210-652-6271) to reserve a space.

# Joint Base San Antonio – Fort Sam Houston (JBSA-FSH) Upcoming Events

Wednesday, October 7, 2020



## 3-Mile Wing Man Relay (Randolph)

Enjoy this 3-mile relay inside or outside of the Rambler Fitness Center. The first team member must complete the 1.5-mile run route in order for the second team member to start running the next 1.5-mile.

Don't forget to pick up your tracking card from the front desk. Once completed, turn it in to receive a gift.

For more information, call [\(210\) 652-7263](tel:(210)652-7263).

Friday, October 9, 2020



## Family Camp Weekend @ Canyon Lake

Come out and enjoy Canyon Lake with the family October 9-12. A weekend of family fun, camping and enjoying the beautiful outdoors at JBSA Recreation Park at Canyon Lake. Check in Friday evening and checkout Monday morning. \$50 per campsite. If you do not have your own camping gear, our Outdoor Recreation Centers would love to assist you. Payment is due at time of reservation.

To register call [\(830\) 964-3576](tel:(830)964-3576) or email [jbsalodgingres@gmail.com](mailto:jbsalodgingres@gmail.com).

Saturday, October 10, 2020



## Youth Archery Class (Randolph)

This class is designed especially for the new archer. You are guided through the fun of picking up a bow for the first time (or in a long time) and leave with the confidence of having a well-rounded introduction and the resources to explore the sport further. Instruction features the instinctive style of shooting. You will quickly be able to hit what you can see. This is a great experience suitable for youth 9 and older.



## Fall Framing Sale (Randolph)

Joint Base San Antonio – Fort S...

Our expert framer will help you design the perfect frame for your precious photographs and treasured artwork. Visit us at JBSA-Randolph Community Services Mall, bldg. 895 from 9 a.m. to 3:30 p.m. Estimates cannot be provided over the phone. For more information, call [\(210\) 652-5142](tel:(210)652-5142), option 3.

Friday, October 16, 2020



## Daddy-Daughter Dance

JBSA-Fort Sam Houston Community Center invites you to attend the Daddy-Daughter Dance. An elegant evening of dinner and dancing for young girls and their fathers or male role models. This event is \$40 per dad/daughter and \$10 per additional child. Please RSVP by June 13 to [\(210\) 808-6262](tel:(210)808-6262) or [\(210\) 808-6263](tel:(210)808-6263).



## Closest to the Pin & Putting Contest (Randolph)

Come to the Randolph Oaks Golf Course October 16 at 5 p.m. for the \$5 Closest to the Pin Contest and/or Putting Contest! Enjoy FREE FOOD to sample and vote for to add to our permanent menu. For more information, call [\(210\) 652-4653](tel:(210)652-4653).

# Joint Base San Antonio – Fort Sam Houston (JBSA-FSH) Upcoming Events

Saturday, October 17, 2020



## Fall Fest (Fort Sam)

Please join us for Fall Fest at JBSA-Fort Sam Houston Community Center! This event will be Oct. 17 from 1-5 p.m. and \$5 per person. There will be fun fall activities, costume contest, giveaways, pictures opportunities available and candy! The bar will be open for adult drink purchases. RSVP at [fsamevents@gmail.com](mailto:fsamevents@gmail.com). This event is open to all DOD ID cardholders. For more information, call  [\(210\) 808-6263/6262](tel:(210)808-6263).

Friday, October 23, 2020



## Watercolor Painting (Fort Sam)

Join us at Fort Sam Houston Community Center for a fun evening learning watercolor painting! Oct. 23 from 6-9 p.m. The cost of this class is \$25 per person and it includes all the art supplies needed for your masterpiece. Space is limited. Please RSVP by Oct 16 to  [\(210\) 808-6262/\(210\) 808-6263](tel:(210)808-6262) or [fsamevents@gmail.com](mailto:fsamevents@gmail.com).

Saturday, October 24, 2020



## 1000-500 lb. Challenge at METC

Come test your strength for the 1000-500 lb Challenge at METC Fitness & Sports center! This event will be Oct. 24. There will be tests on bench press, deadlift and squats. FREE and open to all DoD ID cardholders 16 years and older. For more information, call  [\(210\) 808-5709](tel:(210)808-5709) or  [\(210\) 808-5713](tel:(210)808-5713).



## America's Kids Run (Lackland)

The run will be held at the JBSA-Lackland ISD Running Track next to the JBSA-Lackland Youth Programs, building 8420. The first 40 youth and the first 20 adult participants to register will receive an "America's Kids Run" T-shirt. To register visit [americaskidsrun.org](http://americaskidsrun.org), select the "Registration" button and select Lackland from the drop down. You can also register the day of the event from 8-8:30 a.m. Check-in starts at the Youth Center 8:30. Children ages 5-6 run a half-mile.

Monday, November 9, 2020



## Wreath Making (Fort Sam)

JBSA-Fort Sam Houston Community Center will be having a Holiday Wreath Making event on Nov. 9 from 6-9 p.m. There will be light food provided, bar open for drink purchases and supplies to be provided. The cost is \$35 per person and is open to ages 5 and older RSVP by Nov. 2. The event will include three hours of instructions and each customer will go home with a holiday wreath to adorn your home. For more information, call  [\(210\) 808-6262](tel:(210)808-6262).

# Joint Base San Antonio – Fort Sam Houston (JBSA-FSH)

## Military and Family Readiness Resources

### **Exceptional Family Member Program (EFMP)**

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, and community support; and personnel services. Call for details or to register. (Location: M&FRC, Bldg. 2797, Phone: 210-221-2705)

### **Relocation Assistance**

Reduce or eliminate problems arising due to frequent moves with specialized services such as individual or group counseling; sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class. (Location: M&FRC, Bldg. 2797, Phone: 210-221-2705)

### **Financial Readiness**

Financial Readiness can assist with developing an individual plan to achieve financial goals. Specialized services include money management, credit and financial planning, insurance and consumer issues, and information on emergency assistance. Call for more information or to register. (Location: M&FRC, Bldg. 2797, Phone: 210-221-2705)

### **Employment Readiness**

Employment Readiness helps patrons improve essential skills needed to secure employment in a competitive job market. Services include job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat. (Location: M&FRC, Bldg. 2797, Phone: 210-221-2418)

### **Military & Family Life Counselors (MFLC)**

Military & Family Life Counselors help service members, their families, and significant others by discussing issues from deployment and reintegration, marriage and relationships, stress and anxiety, depression, grief and loss, and other life concerns. Consultations are anonymous, with no records kept. Call to schedule an appointment; meetings may be arranged off-site, after-hours, and on weekends. (Location: M&FRC, Bldg. 2797, Phone: 210-421-9387)

### **Personal & Work Life**

Personal & Work Life collaborates with many helping agencies to provide education and promote family preparedness through readiness support. Call to register for a class. (Location: M&FRC, Bldg. 2797, Phone: 210-221-2418)

### **Deployment Readiness**

Personal & Work Life collaborates with many helping agencies to provide education and promote family preparedness through readiness support. Call to register for a class. (Location: M&FRC, Bldg. 2797, Phone: 210-221-2418)